

SHIVO HUM - I am Bliss

Satcharachara Para Purna
Shivo Hum Shivo Hum 2x
Nitya Ananda Swaroompa
Aanand Aham 4x

Satyaachara = I am that Truth
para purna – supreme perfection
Shivo Hum = I am that Shiv, Lord of purity
Nitya = Eternal
Ananda = Bliss
Swaroompa = I am that true form
Aanand Aham = I am Bliss

I am all permeating bliss, Shivo hum – the nature of knowing bliss.
My true nature is eternal bliss, Shivo hum – the nature of knowing bliss.
I am bliss, the nature of knowingness - Shivo hum.

A Traditional Mantra.

Vocals by Padma

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