

GAYATRI MANTRA

Om: The primeval sound

Bhur: the physical body/physical realm; **Bhuvah:** the life force/the mental realm **Suvah:** the soul/spiritual realm

Tat: That (Goddess); **Savitur:** the Sun, mother, creator (source of all life); **Vareṇyam:** adored, chosen

Bhargo: effulgence, self-luminous; **Devasya:** divine; **Dhīmahī:** meditate

Dhiyo: the intellect; **Yo:** May this light; **Nah:** our; **Prachodayāt:** illumine/inspire